Applicant: Mark A. Clarmer Attorney Docket No.: 05918-339001 / VGCP No. 6010

Serial No.: 10/688,031 Filed: October 15, 2003

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AMENDMENTS TO THE SPECIFICATION:

Please replace the paragraph beginning at page 2, line 27 with the following amended paragraph:

--Each fastener element head tip preferably defines an entrance height, measured perpendicular to the sheet-form base below a lowermost extent of the tip, of between about 7 and 12 millimeters.--

Please replace the paragraph beginning at page 3, line 17 with the following amended paragraph:

--Each fastener element preferably has an overall height of between about 10 and 50 millimeters, measured from and perpendicular to the base, more preferably between about 20 and 30 millimeters.--

Please replace the paragraph beginning at page 3, line 20 with the following amended paragraph:

--Each fastener element head preferably has an overall height of between about 10 and 20 millimeters, measured perpendicular to the sheet-form base from a lowermost extent of the tip of the head to an uppermost extent of the head.--

Please replace the paragraph beginning at page 3, line 23 with the following amended paragraph:

--In some cases, each crook defines an overall crook height, measured perpendicular to the sheet-form base from a lowermost extent of the tip to an uppermost extent of the crook, of at least 6.0 millimeters.--

Please replace the paragraph beginning at page 8, line 14 with the following amended paragraph: